

**JUICE**

Orange     Cranberry     V8     Grapefruit  
 Apple     Prune     Smoothie of the day

**MILK BY THE GLASS**

Whole     Skim     Soy     Almond

**FRESH FRUIT**

Half grapefruit     Pineapple     Orange  
 Melon in season     Banana

**YOGURT**

Plain     Fruit     Low-fat     Greek

**HOT & COLD CEREAL**

Corn flakes     Old-fashioned oatmeal  
 Homemade muesli     Cream of wheat     Granola

Served with:

Whole     Skim     Soy     Almond

**PASTRY**

Croissant     Brioche     Blueberry muffin  
 Pain au chocolat     Chocolate muffin  
 All bran muffin

**BREAD** T=Toasted (please circle)

Gluten-free bread available upon request.

White T     Whole wheat T     Plain bagel T  
 English muffin T     Sliced baguette T

**COLD SELECTION**

Smoked Norwegian salmon<sup>†</sup> cream cheese, red onion, capers  
 Country style breakfast platter assorted cold cuts & cheeses

**EGG SELECTION** (2/serving)

Boiled     Scrambled     Fried  
 Plain omelette     Ham & cheese omelette

Cooking instructions:

Sunny side up<sup>†</sup>     Easy<sup>†</sup>     Medium<sup>†</sup>     Well / hard

**SIDE ORDERS**

Hash brown potatoes     Pancakes  
 Applewood smoked bacon     Corned beef hash  
 English banger sausage     Grilled tomatoes

**HOT BEVERAGES**

Fresh brewed coffee     Decaffeinated coffee  
 Hot chocolate     Rooibos tea  
 English breakfast tea     Darjeeling tea  
 Decaffeinated tea     Fruit tea  
 Green tea     Herbal mint tea  
 Chamomile herbal tea

Served with:

Whole milk     Skim milk     Lemon

*Butter, jam and honey are part of our standard offerings.*

Stateroom No. \_\_\_\_\_

No. of Guests \_\_\_\_\_

Guest Name \_\_\_\_\_

If you wish to have breakfast in your stateroom tomorrow morning, please complete this form by indicating the number of orders for each item and hang it outside your door before 11:00 PM.

<sup>†</sup>Please Note: Consuming raw/undercooked meat, poultry, seafood, shellfish or eggs may increase your risk for foodborne illness, especially if you have certain medical conditions.