

VIKING DAILY

Monday, April 7, 2025

Weather: Partly Cloudy. 63° F / 17° C

Sunrise: 7:24 AM | Sunset: 7:55 PM

The lasting legend of Atlantis

For millennia, the underwater city of Atlantis has struck the curiosity and imaginations of those who have heard its legend. Atlantis was first mentioned in 360 BC by the philosopher, Plato, in his dialogues *Timaeus* and *Critias*. In fact, these are the only known historical records of the ancient city. Inspired to share an elaborate story that had been passed down to him by his grandfather, the events in Atlantis supposedly occurred more than 9,000 years before Plato's life. According to researchers who have studied Atlantis, many believe that Plato was motivated to tell this story as a means to share his thoughts about the consequences of morality, corruption and hubris.

Situated in the Atlantic near the Pillars of Hercules—believed to be the Strait of Gibraltar—Plato's character, Critias, describes an ancient utopian island that was once teeming with precious riches, vegetation and wildlife. Atlantis had an advanced civilization, made up of people who were half god and half human.



As the story goes, Atlantis was guarded by Poseidon who made his son, Atlas, the king—for which the island and, later, its surrounding ocean waters would be named.

Eventually, Atlantis became a mighty naval power, and its once peaceful people became avaricious and “morally bankrupt.” This ethical demise was met with great anger by the gods, and Atlantis was destroyed over the course of one night of blazing fires and earthquakes, sinking to the murky depths of the Atlantic Ocean—never to be seen again.

Though modern science has produced no proof of its existence, those who continue to believe that this place has real historical significance hold onto hope for its discovery.

Discover our
NORSE HERITAGE

We invite you to enjoy the details of your ship, which take inspiration from the exploratory spirit of the original Vikings.



Today on *Viking Mars*

MORNING

8:00 AM–8:00 PM

Arctic Cure (80 min): When in need of muscular recovery and relieving aches, this one-of-a-kind curative Nordic massage will knead away your areas of tension and stiffness. Reserve at Spa Reception.

The Nordic Spa (1)

9:00 AM–6:00 PM

Sports Deck Is Open: Sports equipment is available for use. (*Weather permitting*)

Sports Deck (9)

9:30 AM

Viking Resident Historian Iconic Lecture with Dr. John Bratzel:

“Oceans in Context—History & Inspiration.” Explore the mysteries of this last frontier and consider the pioneers of innovation and discovery.

Star Theater (2)

10:00 AM

Craft Corner: Craft enthusiasts bring along your current projects and meet like-minded fellow guests. (*Un-hosted*)

Wintergarden (7)

10:00 AM–12:00 PM

Wildlife Watch with Mr. Robin Petch: “The Whale and Dolphin Man.” Watch for and record marine wildlife and discover more about your sightings.

(*Please bring your Quietvox headset and set it to Channel 1*)

Explorers’ Lounge (7)

10:00 AM–4:00 PM

Cards, Games & Bridge Play Get-

Together: Join your fellow guests for a friendly game of Cards, Bridge, Mahjong and more. (*Un-hosted*)

Chef’s Table (1)

10:00 AM & 2:00 PM

Craft Workshop with Emily Mixon:

“Decorative Hair Combs.” Fashion a comb using embroidery thread, pearls and other embellishments.

The Restaurant – Port Side (2)

10:00 AM–10:00 PM

Fragrances: Peruse our wide range including Dior, Bvlgari, and Armani. Yanzi will be available to provide you with any assistance in finding your signature scent.

Kosmetiske (1)

10:15 AM

Baggo (Cornhole) Tournament: Join us for a friendly competition with Viking Staff and fellow guests.

Atrium (1)

11:00 AM

Getting To Know Us: Join your *Viking* Vocalists for a brief Q & A as they share their stories of how they came to work for Viking and other interesting behind the scenes facts.

Star Theater (2)

11:00 AM

Embroidery Workshop with Ruth Bratzel: “Re-create a Bayeux Tapestry Animal.”

Discover the secret of medieval embroiderers and the historic tapestry’s eponymous stitch. *Space is limited; please sign up at Guest Services (Deck 1).*

Wintergarden (7)

AFTERNOON

12:15 PM

Team Trivia: Join your Assistant Cruise Director, Arianna to test your knowledge in teams of up to six.

Star Theater (2)

1:30 PM

Colombian Emeralds Myths and Legends:

Join Armando, our onboard guest jeweler, and be enriched in the world of Emeralds. Learn all about this exquisite gemstone, from its primary source to the origins of its name to its birth month, and receive special deals on any purchase at Juveler.

Torshavn (2)

2:30 PM

Viking Mars Guest Choir: Join us for our final rehearsal before this afternoon’s recital in the atrium.

Torshavn (2)

3:00 PM

Guest Lecture with Sue Stockdale:

“The Realities of Exploring in the Cold.” Gain insight into what it really takes to be a polar adventurer, from equipment to exhaustion in a remote environment.

Star Theater (2)

4:00–5:00 PM

Afternoon Tea: Enjoy this classic tradition accompanied by our Classical Duo, Agnes and Paulina.

Wintergarden (7)

4:15 PM

Guest Lecture with Robin Petch:

“Marvelous Mediterranean - Exploring the Mare Nostrum.” Learn about the history of, and the challenges facing, the world’s biggest inland sea.

Star Theater (2)

5:00 PM

LGBTQIA+ Get Together: Join fellow Guests for an informal meet & greet. (*Un-hosted*)

Explorers’ Lounge (8)

5:00–5:45 PM

Explorers’ Melodies: Our Guitar Entertainer, Jobie entertains amidst panoramic views.

Explorers’ Lounge (7)

5:30 PM

Viking Mars Guest Choir Recital: Join us in the atrium are our *Viking Mars* Guest Choristers show off their vocal talents in this brief recital of well-known songs you will all be singing along to.

Atrium (1)

EVENING

6:00–6:45 PM

Munch Moments: Our Resident Pianist, Artur plays traditional Norwegian music while Munch’s self-portraits grace the Atrium screen.

Atrium (1)

6:00 PM

Feature Documentary: Drain The Oceans –“Secrets of the Spanish Armada”

Draining the Spanish Armada reveals a clash of warships had devastating consequences for Spain’s Empire.

(*Run Time: 1 hr.*)

Star Theater (2)

6:15 PM

Viking Resident Historian Forum with Dr. John Bratzel: “Population Dynamics in Europe.” Examine how and why the European population is in decline and its effect on the nation and society.

Torshavn (2)

6:30–7:15 PM

Poolside Melodies: Indulge in a smooth pour as you enjoy the sounds of our Guitar Entertainer, Jobie.

Pool Deck (7)

7:00–8:45 PM

Relaxation & Conversation: Mingle with like-minded guests with musical accompaniment from our Classical Duo, Agnes and Paulina.

Atrium (1)

9:00 PM

Viking Farewell Reception: Say Farewell to a memorable cruise with Captain Richard and the crew of *Viking Mars*. (Doors open at 8:30 PM with pre-reception music by your Viking Band.)

Followed immediately by: "The Beatles Songbook"

Journey through the iconic sound the 1960s, with stops at Abbey Road and Penny Lane, as our Viking Vocalists bring a fresh, vibrant energy to the music of The Beatles.
Star Theater (2)

9:00–9:45 PM

Steinway Melodies: For the perfect aperitif accompaniment, join our Resident Pianist, Artur.
Atrium (1)

9:30–10:30 PM

Torshavn Acoustics: Our Guitar Entertainer, Jobie performs acoustic favorites in an intimate environment.
Torshavn (2)

10:00–10:45 PM

Cocktails & Conversation: Enjoy a drink and conversation with melodies by our Classical Duo, Agnes and Paulina.
Atrium (1)

10:45 PM–Closing

Torshavn Dance Soiree: Step onto the dance floor as the Viking Band together with Resident Vocalists Elsa and Arlando set the scene with toe-tapping numbers.
Torshavn (2)

Excursion Booking Deadline

The final deadline to book, change or cancel shore excursions for the port of **Barcelona, Spain** is **Monday, April 7** by 6:00 PM this evening at Guest Services on Deck 1 in the Atrium.

#MyVikingStory

As you enjoy your travels, we invite you to share your photos and the stories behind them on *MyVikingStory.com*. These might include special moments from your itinerary, such as your favorite view, meal, drink, thinking spot—even staff member. Also, while you are sharing your photos and stories with fellow Instagram, Facebook and Twitter friends, please remember to tag them **#MyVikingStory**

Health & Hygiene

Public health officials remind us that good hand hygiene is one of the best ways to prevent the spread of illness. Please remember to wash your hands with soap and warm water before eating or after you return to the ship. Please also use the hand sanitizer stations located at the entrances to all our restaurants, and on the gangway. If you are feeling any symptoms of illness or discomfort, please report to the Medical Center immediately.

Vacuum System

To avoid blockage of the vacuum system, please do not place any items other than toilet paper into the toilets.
Please note: Disposable wipes will also clog the system; please place these in the waste bin.

Share Your Feedback

As your journey on board the *Viking Mars* comes to a close, we invite you to share your comments and help shape the future of the Viking ocean experience. Guest questionnaires will be delivered to your stateroom tonight. Once completed, you may return the questionnaire in one of three ways: (1) leave it in your stateroom for your stateroom steward, (2) place it in the mailbox on Deck 1 or (3) drop it off at Guest Services on Deck 1. We thank you for taking the time to provide this valuable feedback so we can continually improve our services.

Guest's Final Invoice

Your final invoice will be delivered to you using the registered email we have on file. If you have any queries about this invoice these can be raised with the Guest Services team, or if you have left the vessel, you should contact Viking Customer Relations.

Fireplaces

You may have wondered if the fires you see in the Explorers' Lounge and The Nordic Spa are real. We would love to have fireplaces at sea; however, they do not conform to maritime regulations. Instead, we use nature's water vapors and colored light to create the illusion of fire. We hope you enjoy their ambiance.

Jogging Track

We kindly ask all guests who wish to go for a jog only do so on the designated track on Deck 2; we thank you for your understanding. Note: The jogging track direction is clockwise; please be cautious when rounding corners.
Track length: 4 laps = 1 mile (1.6 km)



Today in History APRIL 7

1805

Beethoven conducts the premiere of his *Eroica* at Lobkowitz Palace in Vienna.

1927

In the 1st long-distance TV transmission, US Secretary of Commerce Herbert Hoover's DC speech is seen and heard in NYC.

1948

The World Health Organization is founded.

1949

Rodgers and Hammerstein's *South Pacific* opens at Broadway's Majestic Theater, later winning the Pulitzer Prize for Drama.

BIRTHDAY: 1770

William Wordsworth

English Poet Laureate & leader of the Romantic movement
(d. 1850)

Dining

Early Risers

The Living Room	Deck 1	6:00–9:00 AM
Mamsen's (Explorers' Lounge)	Deck 7	6:30–7:30 AM

Breakfast

The Restaurant	Deck 2	8:00–9:30 AM
World Café	Deck 7	7:00–10:30 AM

Late Risers

Mamsen's (Explorers' Lounge)	Deck 7	7:30–11:00 AM
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Lunch

The Restaurant	Deck 2	12:00–1:30 PM
Pool Grill	Deck 7	11:30 AM–2:30 PM
World Café	Deck 7	12:00–2:30 PM
Mamsen's (Explorers' Lounge)	Deck 7	11:30 AM–2:30 PM
Aquavit Bar (Eclair Station)	Deck 7	12:00–2:00 PM

Teatime

Wintergarden	Deck 7	4:00–5:00 PM
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Dinner

Manfredi's*	Deck 1	6:00–9:00 PM
The Chef's Table*	Deck 1	6:00–9:00 PM
The Restaurant*	Deck 2	6:00–9:00 PM
World Café	Deck 7	6:00–9:00 PM
Pool Grill (Surf & Turf)	Deck 7	6:00–8:30 PM

Reservations can be made during opening hours for breakfast or lunch in the World Café or by calling Ext 2052.

*Dress code: elegant casual.

Coffee and tea are available 24 hours from the World Café.

Snacks

Pool Grill	Deck 7	2:30–5:00 PM
Mamsen's (Explorers' Lounge)	Deck 7	4:00–5:00 PM
Mamsen's (Explorers' Lounge)	Deck 7	10:00 PM–Midnight

Lounges & Bars

The Viking Bar	Deck 1	6:00 AM–Midnight
Torshavn	Deck 2	9:00 PM–Closing
Aquavit Bar	Deck 7	10:00 AM–10:00 PM
Explorers' Lounge	Deck 7	10:00 AM–Midnight
Pool Bar	Deck 7	10:00 AM–7:00 PM

Directory

Boutique & Shops (1/2)	Ext 9321	10:00 AM–10:00 PM
Travel Consultant (2)	Ext 9710	By Appointment
Guest Services (1)	Ext 9710	24 Hrs
Fitness Center (1)	Ext 9300	6:00 AM–10:00 PM
The Nordic Spa (1)	Ext 9300	8:00 AM–8:00 PM
Medical Center (a)	Ext 9206	10:00–11:00 AM
		3:00–4:00 PM
Room Service	Ext 6502	24 Hrs
MEDICAL EMERGENCIES	Ext 999	24 Hrs

To make an appointment with our Travel Consultant, please call 9710 or visit Guest Services on Deck 1.

NORDIC FACIAL

Pure bliss

Our tailor-made organic facial rejuvenates the skin, slows signs of aging and provides a gorgeous glow.

See Spa Reception for details.



CULINARY EVENT

Join us for

A SURF & TURF DINNER

Hosted by your onboard culinary team.

Check your *Viking Daily* for details.

EMERALDS

For Every Jewelry Collection

It is said to provide focus and impart a clarity of thought, reason and wisdom. Join us for a grand unveiling of this unique emerald jewelry collection.

To learn more, visit **Juveler** on Deck 2.

