

VIKING DAILY

Saturday, April 5, 2025

Weather: Partly Cloudy / Windy. 66° F / 19° C

Sunrise: 8:21 AM | Sunset: 8:43 PM

Why a Ship Is a She

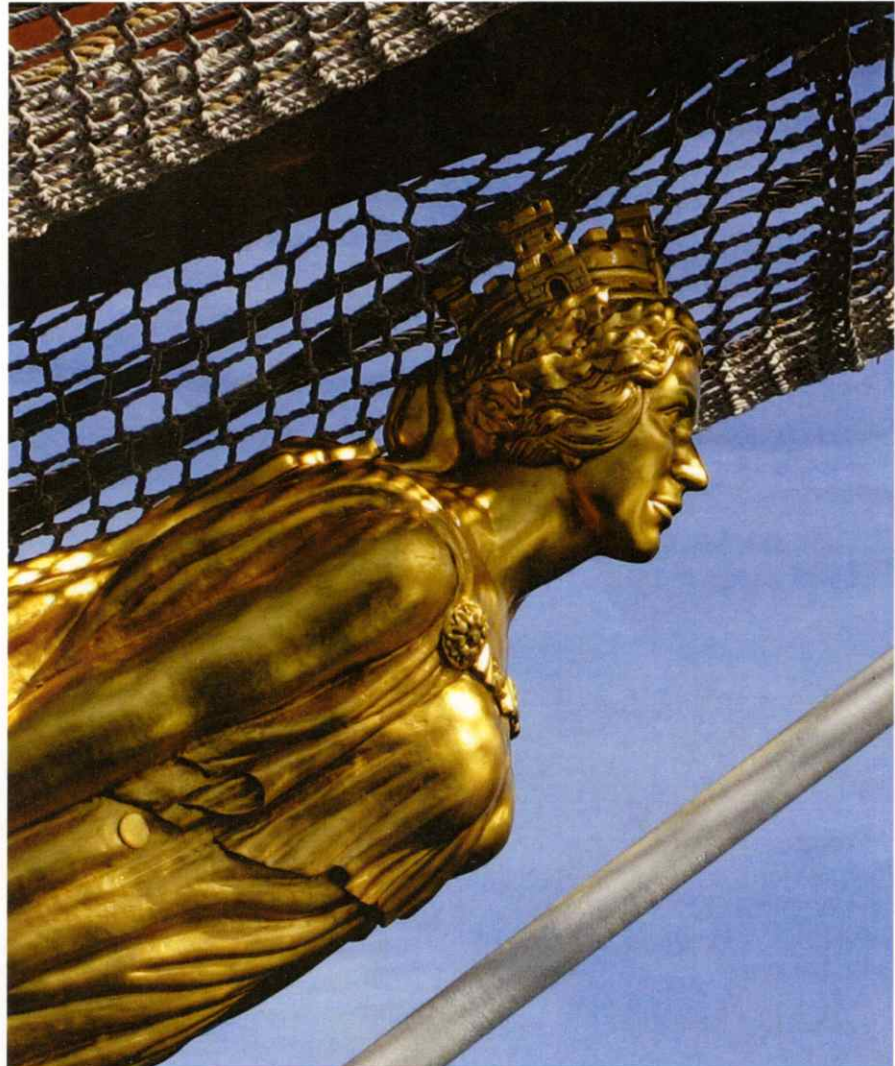
In nautical tradition, female pronouns have long been used to refer to ships. The practice stretches back centuries, perhaps millennia, and survives to this day.

The simplest explanation for the practice can be found in language itself. Latin, the basis for today's romance languages such as French and Italian, identified nouns as feminine or masculine. The Latin word for "ship," or *Navis*, is feminine. Perhaps only an ancient Roman could have said why. Regardless, the practice of feminizing sailing vessels continued as boat owners (typically male) named their vessels after important women in their lives—sweethearts, wives and mothers—with the hope that their loved one's benevolent feminine spirit would calm rough and uncharted seas.

Many seafarers also believed that dedicating ships to goddesses—rather than mere mortals—assured a safe passage. Between the 16th and 20th centuries, likenesses of such goddesses and other female forms were carved into the prows of some ships as figureheads.

For certain, these solid, colorful and confident-looking women were an artistic flourish sure to make any captain proud; they were also meant to identify the gender of a ship to a largely illiterate crew and public.

Today, ships are still assigned feminine pronouns in everyday discourse. Remarkably, it is a legacy that lives on in maritime and seafaring cultures all over the world and across all styles of vessels, from small pleasure craft to enormous tankers.



EXPLORE. SHARE. TAG VIKING.

Share your travel photos and videos—tag us on any social media platform and use #MyVikingStory for the opportunity to be showcased by Viking.

Want another way to share?

Go to [MyVikingStory.com](https://www.vikingcruises.com/myvikingstory) to upload & share your content.

Scan QR code to join us on social media



Today on *Viking Mars*

MORNING

2:00 AM

Time Change: Please be reminded to set your clocks **forward one hour**, between **Friday, April 4** and **Saturday, April 5**. It's recommended to select manual mode under time & date on your phones to avoid confusion.
(Time Zone: Tórshavn, Faroe Islands.)

8:00 AM–8:00 PM

Hydrafacial: Enhance skin health using hydradermabrasion, fruit acid peels and hyaluronic acid that resurface, hydrate and plump. This powerful treatment will leave your skin lifted and glowing. Treatment charge applicable. Reserve at Spa Reception.
The Nordic Spa (1)

9:00 AM–6:00 PM

Sports Deck Is Open: Sports equipment is available for use. *(Weather permitting)*
Sports Deck (9)

9:30 AM

Lecture with Viking Resident Historian Dr. John Bratzel: "Columbus: A Recount & Analysis." Examine Columbus' origin and his voyages. Consider how it might have been different if someone else had "discovered America."
Star Theater (2)

10:00 AM

Craft Corner: Craft enthusiasts bring along your current projects and meet like-minded fellow guests. *(Un-hosted)*
Wintergarden (7)

10:00 AM–12:00 PM

Wildlife Watch with Mr. Robin Petch: "The Whale and Dolphin Man." Watch for and record marine wildlife and learn more about your sightings. *(Please bring your Quietvox headset and set it to Channel 1)*
Explorers' Lounge (7)

10:00 AM–4:00 PM

Cards, Games & Bridge Play Get-Together: Join your fellow guests for a friendly game of Cards, Bridge, Mahjong and more. *(Un-hosted)*
Chef's Table (1)

10:00 AM & 2:00 PM

Craft Workshop with Emily Mixon: "Travel Scissor Case." Design a creative case to hold the scissors you will be provided for use throughout the cruise.
The Restaurant – Port Side (2)

10:00 AM–10:00 PM

Royal Diopside showcase: Join our guest jewelry expert Armando, to gain insight into this rare green gemstone from Brazil, which has the sparkle of a diamond and intensity of an emerald.
Juveler (2)

10:00 AM–10:00 PM

Pictogram Watches: With their clean, minimalist graphics, PICTO watches are the world's first watches to display the time as a pictogram. They are unlike any watch you have seen before. Join us in our onboard boutique to experience them for yourself.
Kosmetiske (2)

10:15 AM

Baggo (Cornhole) Tournament: Join us for a friendly competition with Viking Staff and fellow guests.
Atrium (1)

11:00 AM

Guest Lecture with Sue Stockdale: "Surviving the Amazon - Isabel Godin." Hear about her epic journey crossing the Andes and traveling down the Amazon.
Star Theater (2)

11:00 AM

Knitting, Crocheting, and Embroidering Workshop with Ruth Bratzel: Join Ruth for an informal hour of conversation while working on your projects. Bring your knitting, crocheting, embroidery or other fiber arts with you as we talk and laugh together.
Wintergarden (7)

11:00 AM & 2:00 PM

Bayeux Tapestry Tour with Viking Resident Historian Dr. John Bratzel: Gain insight into the captivating images lining the main stairs and the fascinating story they depict with your Viking Resident Historian. *Space is limited; please sign up at Guest Services (Deck 1).*
Explorers' Lounge (8)

AFTERNOON

12:15 PM

Team Trivia: Join your Assistant Cruise Director, Arianna to test your knowledge in teams of up to six.
Star Theater (2)

2:00 PM

Scandinavian Scavenger Hunt - Part 2: How well do you know the *Viking Mars*? Create teams up to six and hunt for ten random Scandinavian objects from around the ship! *(Bring your smart phone to capture these random objects)*
Atrium (1)

2:30 PM

Viking Mars Guest Choir: Find your voice and learn some fun favorites with fellow guests. Your Cruise Director Aaron looks forward to coaching singers of all abilities in this informal afternoon sing-along. **Option to perform as a group in the atrium on April 7th for fellow guests.**
Torshavn (2)

3:00 PM

Guest Lecture with Robin Petch: "Destination Madeira: Landscape, History and Wildlife." Learn about the discovery, development and natural history of this popular destination
Star Theater (2)

4:00–5:00 PM

Afternoon Tea: Enjoy this classic tradition accompanied by our Resident Pianist, Artur.
Wintergarden (7)

4:15 PM

Port Talk: Funchal, Madeira (Portugal) Discover the history, heritage and culture of **Funchal, Madeira (Portugal)**. *(For your convenience, port talks are recorded and available on-demand by tuning your stateroom TV to Viking Enrichment >Port Talks & Lectures>Port Talks.)*
Star Theater (2)

5:00 PM

LGBTQIA+ Get Together: Join fellow Guests for an informal meet & greet. *(Un-hosted)*
Explorers' Lounge (8)

EVENING

6:00-6:45 PM

Munch Moments: Our Resident Pianist, Artur performs traditional Norwegian music while Munch's works on travel and the sea grace the Atrium screen.
Atrium (1)

6:00 PM

Feature Documentary Film - "Ride a Wild Dolphin" with introduction by Guest Lecturer Robin Petch: Enjoy this ground breaking documentary film from 1976 made by the unique and inspirational Dr. Horrace Dobbs. *(1 hr.)*
Star Theater (2)

6:00–7:45 PM

Explorers' Acoustics: Our Guitar Entertainer, Jobie performs acoustic favorites alongside sweeping views.
Explorers' Lounge (7)

7:00–8:45 PM

Relaxation & Conversation: Mingle with like-minded guests with musical accompaniment from our Classical Duo, Agnes and Paulina.

Atrium (1)

7:30 PM

Rum Tasting: Discover an amazing selection with our beverage team. To sign up, please visit Guest Services on Deck 1. An additional charge will be applied.

Torshavn (2)

9:00 PM

The Viking Mars Vocalists present tonight's performance of "Stage Door" Experience the dazzling lights of London's West End and the sights and sounds of New York's Broadway as our Viking Vocalists perform songs from many of the world's best-loved musicals, from the glory days of MGM Studios to modern-day masterpieces.

Star Theater (2)

9:00–10:45 PM

Steinway Melodies: For the perfect aperitif accompaniment, join our Resident Pianist, Artur.

Atrium (1)

9:30–10:15 PM

Torshavn Acoustics: Our Guitar Entertainer, Jobie, performs acoustic favorites in an intimate environment.

Torshavn (2)

10:00–10:45 PM

Cocktails & Conversation: Enjoy a drink and conversation with melodies by our Classical Duo, Agnes and Paulina.

Explorers' Lounge (7)

10:30 PM–Closing

Late-night Tunes: Join the Viking Band for entertainment and spirits in our romantic lounge, accompanied by Resident Vocalists Elsa and Arlando.

Torshavn (2)

Gratuities

We would like to inform you that gratuities for our onboard staff are automatically charged to your shipboard account per company administrative guidelines. If you have any questions, please visit Guest Services on Deck 1. We suggest, however, that you do not wait until the end of your journey, as credit cards will be processed early in order to get pre-authorization for your onboard expenses.

Atrium Board Games (Deck 2)

Relax in the heart of the ship and enjoy a variety of board games like Chess, Scrabble, Mahjong and more. Playing cards are available at Guest Services for your convenience.

Guest Services (1)

Jogging Track

We kindly ask all guests who wish to go for a jog only do so on the designated track on Deck 2; we thank you for your understanding. Note: The jogging track direction is clockwise; please be cautious when rounding corners.

Track length: 4 laps = 1 mile (1.6 km).

Dress code Reminder

Daytime attire is casual, including shorts (if the season is warm), slacks or jeans, and comfortable shoes for walking tours. Swimsuits, brief shorts, cover-ups and exercise attire should be reserved for the Fitness Center, pool areas and Sports Deck.

Evening attire is elegant casual for all dining venues, performances and special events; there are no "formal nights" in the evening. Required attire for ladies includes a dress, skirt or slacks with a sweater or blouse. For gentlemen, trousers and a collared shirt. A tie and a jacket are optional; jeans are not permitted.

The evening dress excludes the World Café, where the dress remains casual after 6:00 PM.

"Today in History" Capsules

Ever mindful of world events, artistic and literary contributions, and scientific advances that have guided and shaped us, Viking is pleased to present "Today in History" on the Atrium screen. These moments in time commemorate the turning points that altered the course of world history from the days of the ancients to the 20th century. Designed to satisfy curious minds, "Today in History" provides an opportunity to contemplate and celebrate. We hope you enjoy.

Live Streaming of Star Theater Events

For your convenience, live events in The Star Theater will be streamed directly to your stateroom on *Viking Today Live*. To watch this live stream, please select the "Live TV Channels" box on your stateroom TV and then select the "Viking Today Live" option.

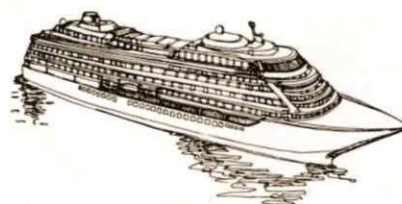


NAUTICAL TERM

– of the day –

KEEL HAULING

This was a severe naval punishment during the 15th and 16th centuries. The victim, presumably a delinquent sailor, was tossed overboard and dragged from one side of the boat to the other underneath the keel. He was usually allowed to catch his breath before suddenly being tossed overboard again. The term is still used to describe a rough reprimand.



Dining

Early Risers

The Living Room	Deck 1	6:00–9:00 AM
Mamsen's (Explorers' Lounge)	Deck 7	6:30–7:30 AM

Breakfast

The Restaurant	Deck 2	8:00–9:30 AM
World Café	Deck 7	7:00–10:30 AM

Late Risers

Mamsen's (Explorers' Lounge)	Deck 7	7:30–11:00 AM
------------------------------	--------	---------------

Lunch

The Restaurant	Deck 2	12:00–1:30 PM
Pool Grill	Deck 7	11:30 AM–2:30 PM
World Café	Deck 7	12:00–2:00 PM
Mamsen's (Explorers' Lounge)	Deck 7	11:30 AM–2:30 PM
Aquavit Terrace (Banana Foster Station)	Deck 7	12:00–2:00 PM

Teatime

Wintergarden	Deck 7	4:00–5:00 PM
--------------	--------	--------------

Dinner

Manfredi's*	Deck 1	6:00–9:00 PM
The Chef's Table*	Deck 1	6:00–9:00 PM
The Restaurant*	Deck 2	6:00–9:00 PM
World Café	Deck 7	6:00–9:00 PM

Reservations can be made during opening hours for breakfast or lunch in the World Café or by calling Ext 2052.

*Dress code: elegant casual.

Coffee and tea are available 24 hours from the World Café.

Snacks

Pool Grill	Deck 7	2:30–5:00 PM
Mamsen's (Explorers' Lounge)	Deck 7	4:00–5:00 PM
Mamsen's (Explorers' Lounge)	Deck 7	10:00 PM–Midnight

Lounges & Bars

The Viking Bar	Deck 1	6:00 AM–Midnight
Torshavn	Deck 2	9:00 PM–Closing
Aquavit Bar	Deck 7	10:00 AM–10:00 PM
Explorers' Lounge	Deck 7	10:00 AM–Midnight
Pool Bar	Deck 7	10:00 AM–7:00 PM

Directory

Boutique & Shops (1/2)	Ext 9321	10:00 AM–10:00 PM
Travel Consultant (2)	Ext 9710	By Appointment
Guest Services (1)	Ext 9710	24 Hrs
Fitness Center (1)	Ext 9300	6:00 AM–10:00 PM
The Nordic Spa (1)	Ext 9300	8:00 AM–8:00 PM
Medical Center (a)	Ext 9206	10:00–11:00 AM
		3:00–4:00 PM
Room Service	Ext 6502	24 Hrs
MEDICAL EMERGENCIES	Ext 999	24 Hrs

To make an appointment with our Travel Consultant, please call 9710 or visit Guest Services on Deck 1.

Book your

NEXT VIKING JOURNEY

Your onboard Travel Consultant, Roy Rosado, is available to help you plan your next Viking journey. Take advantage of the benefits of booking on board.

Visit Guest Services on Deck 1 or call ext. 9710.



NORDIC BATHING RITUAL

At your own pace

Optimize your Nordic bathing experience. While you engage in the Sauna, cold plunge and Snow Grotto, add dry brushing and Swedish skin products.

See Spa Reception for details.



Special event today CHROME DIOPSIDE

Join our onboard guest jewelers as they share the secrets of the rich green chrome diopside. Today, enjoy up to 40% savings on your purchase.

To learn more, visit Jeweler on Deck 2.

