

# VIKING DAILY

Tuesday, April 1, 2025

Weather: Partly Cloudy / Windy. 77° F / 25° C

Sunrise: 6:05 AM | Sunset: 6:28 PM

## The Origin of Oceans and Seas

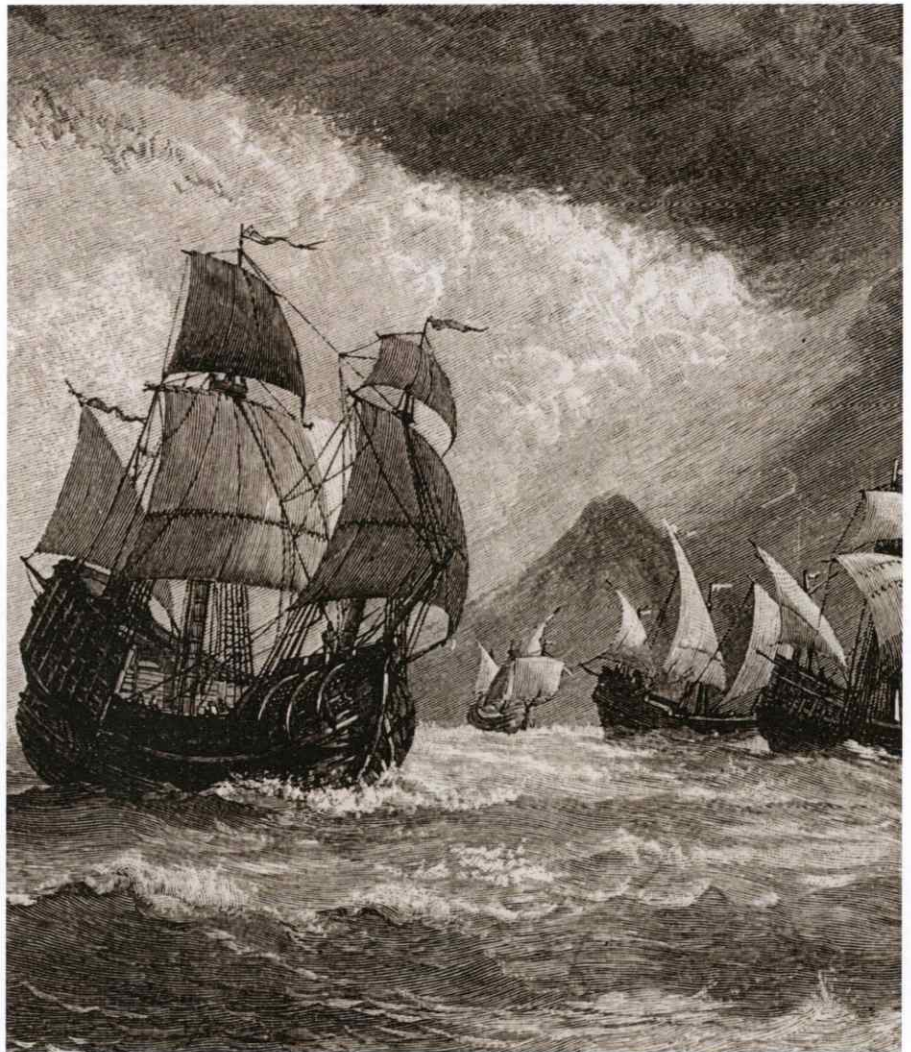
Often, oceans and seas are named after their adjacent lands or after the Europeans who discovered them. But sometimes the origins of a name reveal a bit about a region's culture or history. Here are a few examples:

**Pacific Ocean:** During his circumnavigation of the world in 1521, Ferdinand Magellan discovered favorable winds as he sailed between South America and the East Indies, so he called these waters *Mar Pacifico*, or "Peaceful Sea."

**Atlantic Ocean:** The origins of the Atlantic's name date to antiquity, around 450 BC. To the Greeks, *Atlantis thalassa*, or the Sea of Atlantis, comprised the uncharted and mysterious waters "beyond the pillars of Heracles," where Iberia's Rock of Gibraltar and Africa's Monte Hacho marked the end of the known world.

**Mediterranean Sea:** The semi-enclosed body of water between Europe and Africa has had many names. It was *Mare Nostrum* ("Our Sea") to the Roman Empire and *Mare Magnum* ("Great Sea") to the Greeks. The modern name is from the Latin *mediterraneus*, meaning "amid the earth."

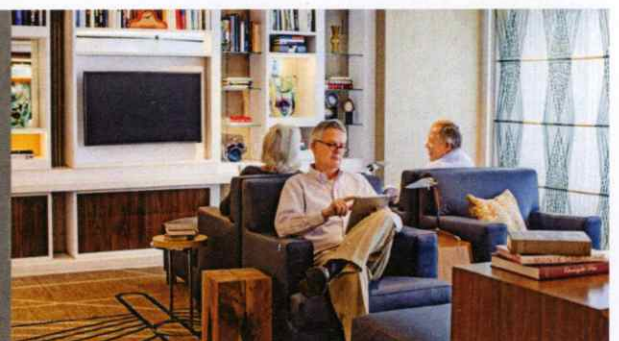
**Arafura Sea:** Explorers in the 18th century told of the Harafora people of the Moluccas and named this sea for them.



**South China Sea, East China Sea:** In ancient Chinese literature, the empire was surrounded by four seas, each named for the directions on a compass. In the real world, as the Portuguese developed trade with China in the 16th century, they called these waters *Mare da China* ("China Sea") and later distinguished the two bodies of water with their own names.

### Get lost in a GOOD BOOK

A literary traveler's dream, The Library and nooks throughout the ship are home to informative, entertaining and inspirational books to enrich and expand your travel experience. Browse the well-curated collection for stories and perspectives that complement the firsthand discoveries you make throughout your voyage.





# Today on *Viking Mars*

## MORNING

### 8:00–8:50 AM

**Mindful Yoga (50 min):** Join us for this calming and gentle series of physical postures. Additional fee of \$10. Limited space; please sign up at Spa Reception.  
*The Nordic Spa (1)*

### 8:00 AM–8:00 PM

**Blåbær Hair Ritual:** Treat your hair from root to tip with a conditioning blueberry hair treatment, neck and scalp massage, shampoo and blow dry. Treatment charge applicable. Reserve at Spa Reception.  
*The Nordic Spa (1)*

### 9:00 AM–6:00 PM

**Sports Deck Is Open:** Sports equipment is available for use. (*Weather permitting*)  
*Sports Deck (9)*

### 9:30 AM

**Guest Lecture with Sue Stockdale:** “Inspiring the Next Generation in Antarctica.” Discover how a long-term plan to keep Antarctica pristine for future generations began with inspiring young people.  
*Star Theater (2)*

### 10:00 AM

**Craft Corner:** Craft enthusiasts bring along your current projects and meet like-minded fellow guests. (*Un-hosted*)  
*Wintergarden (7)*

### 10:00 AM–12:00 PM

**Wildlife Watch with Mr. Robin Petch:** “The Whale & Dolphin Man.” Watch for and record marine wildlife and learn more about your sightings. (*Please bring your Quietvox headset and set it to Channel 1*)  
*Explorers’ Lounge (7)*

### 10:00 AM & 2:00 PM

**Craft Workshop with Emily Mixon:** “Quilted Square Pot Holder.” - Day 1 of 3. Learn how to make this useful item for your home during this popular three-day project.  
*The Restaurant – Port Side (2)*

### 10:00 AM–4:00 PM

**Cards, Games & Bridge Play Get-Together:** Join your fellow guests for a friendly game of Cards, Bridge, Mahjong and more. (*Un-hosted*)  
*Chef’s Table (1)*

### 10:00 AM–10:00 PM

**Citizen Watches:** Celebrate more than 40 years of Citizen’s Eco-Drive technology. View our collection of eco-friendly timepieces, the perfect gift for yourself or a loved one.  
*Juveler (2)*

### 10:15 AM

**Baggo (Cornhole) Tournament:** Join us for another friendly competition between Viking Staff and fellow guests.  
*Atrium (1)*

### 11:00 AM

**Cooking Demonstration:** Join Executive Chef Shane and Executive Pastry Chef Harald as they reveal their culinary secrets, hints and tips to refine your own skills in the kitchen. Learn their recipe for a delicious Shrimp Risotto and Raspberry Tiramisu.  
*Star Theater (2)*

### 11:00 AM

**Embroidery Workshop with Ruth Bratzel:** “Re-create a Bayeux Tapestry Animal.” Discover the secret of medieval embroiderers and the historic tapestry’s eponymous stitch. *Space is limited; please sign up at Guest Services (Deck 1)*  
*Wintergarden (7)*

## AFTERNOON

### 12:15 PM

**Team Trivia:** Join your Assistant Cruise Director, Arianna to test your knowledge in teams of up to six.  
*Star Theater (2)*

### 2:30 PM

**Scandinavian Scavenger Hunt:** How well do you know the *Viking Mars*? Create teams up to six and hunt for ten random Scandinavian objects from around the ship! Hosted by your Viking Vocalists. (*Bring your smart phone to capture these random objects*)  
*Atrium (1)*

### 3:00 PM

**Guest Lecture with Clive Steeper:** “How Safe is Formula 1?” Explore the evolution of safety in motorsport and highlight some of the major pioneers in advancing Formula 1 safety technology today.  
*Star Theater (2)*

### 4:00–5:00 PM

**Afternoon Tea:** Enjoy this classic tradition accompanied by our Classical Duo, Agnes and Paulina.  
*Wintergarden (7)*

### 4:15 PM

**Guest Lecture with Robin Petch:** “Iconic Species—The Sperm Whale.” Discover the incredible biology and deep-diving exploits of the oceans’ largest toothed predator.  
*Star Theater (2)*

### 5:00 PM

**LGBTQIA+ Get Together:** Join fellow Guests for an informal meet & greet.  
(*Un-hosted*)  
*Explorers’ Lounge (8)*

### 5:00–5:30 PM

**Atrium Classics:** Our Resident Pianist, Artur performs classics in the heart of the ship.  
*Atrium (1)*

### 5:30 PM

**Explorers’ Society:** Guests who have sailed with Viking before are invited to mark the occasion with a celebratory toast. Hosted by your Travel Consultant, Roy. Music will begin at 5:00 PM with our Resident Pianist, Artur.  
*Atrium (1)*

## EVENING

### 6:00–6:45 PM

**Munch Moments:** Our Resident Pianist, Artur performs traditional Norwegian music while Munch’s most famous works grace the Atrium screen.  
*Atrium (1)*

### 6:00–7:45 PM

**Explorers’ Melodies:** Our Guitar Entertainer, Jobie entertains amidst panoramic views.  
*Explorers’ Lounge (7)*

### 6:15 PM

**Lecture with Viking Resident Historian Dr. John Bratzel:** “The History of Sugar.” Consider the consequences of sugar production for people, the environment, the economy and power politics.  
*Star Theater (2)*

### 7:00–7:45 PM

**Atrium Acoustics:** Indulge in a smooth pour as you enjoy the sounds of our Classical Duo, Agnes and Paulina.  
*Atrium (1)*

### 7:30 PM

**Bourbon Tasting:** Discover an amazing selection with our beverage team. To sign up, please visit Guest Services on Deck 1. An additional charge will be applied.  
*Torshavn (2)*



## EVENING CONTINUES...

### 8:00 PM

**Night at the Juveler:** Join our boutique team for a complimentary glass of sparkling wine, while you try on a favorite piece of jewelry or accessory.

*Juveler (2)*

### 8:00–8:45 PM

**Atrium Classics:** Our Resident Pianist, Artur performs delightful classics in the heart of the ship.

*Atrium (1)*

### 9:00 PM

**The Viking Mars Vocalists present tonight's performance of "Southern Sounds"** Join our Viking Vocalists for a celebration of country music, featuring songs from over twenty iconic artists, including Johnny Cash, Billy Ray Cyrus, Dolly Parton and Shania Twain.

*Star Theater (2)*

### 9:00–10:45 PM

**Musical Interlude:** Relax in the heart of the ship with accompaniment from our Classical Duo, Agnes and Paulina.

*Atrium (1)*

### 9:30–10:15 PM

**Torshavn Acoustics:** Our Guitar Entertainer, Jobie performs acoustic favorites in an intimate environment.

*Torshavn (2)*

### 10:30 PM–Closing

**After-Dinner Party:** Join the Viking Band with Resident Vocalists, Elsa and Arlando for upbeat hits and smooth ballads in this intimate, late-night venue.

*Torshavn (2)*

## Health & Hygiene

Public health officials remind us that good hand hygiene is the best way to prevent the spread of illness. Please remember to wash your hands with soap and warm water before eating and after you return to the ship. Please also use the hand sanitizers located at the entrances to all our restaurants, and on the gangway. Please take caution when consuming local food ashore.

## Water Conservation

At Viking, we strive to be environmentally responsible. We would like to invite you to join us in our efforts with your thoughtful use of water, remembering to turn off the faucet after each use.

## Vacuum System

To avoid blockage of the vacuum system, please do not place any items other than toilet paper into the toilets.

**Please note:** Disposable wipes will also clog the system; please place these in the waste bin.

## Viking Heritage

Browse our special onboard exhibit and learn about the daily lives, rich history and inspiring legacy of the Vikings. The Viking Heritage exhibit is located in the Atrium on Deck 2, showcasing realistic replicas of fascinating artifacts.

## NCAA College Basketball Live Broadcast

Games are available in guest staterooms on **Special Events 1 Channel**. You may access the NCAA Championship Games via your stateroom TV on Live TV>Watch>Special Events 1 (*subject to Satellite reception*)

**1:00–3:00 AM (April 1<sup>st</sup>) - Georgetown vs. Washington St.**

## Deck Chairs

We kindly ask you to be courteous to fellow guests when reserving chairs on the Main Pool Deck. Please limit your hold time to 30 minutes in consideration of others who may be seeking a chair.

## The Library

Enrich and expand your travel experience with stories and perspectives that complement your onshore discoveries. Browse our well-curated collection in The Library as well as in reading books throughout the ship. Enjoy as many books as you like. And when you are finished, please remember to reshelf them in their rightful homes on board.



*Today in History*

**APRIL 1**

### 1891

Painter Paul Gauguin leaves Marseille for Tahiti, where his style evolves to incorporate the light and scenes of the South Pacific.

### 1976

Steve Jobs and Steve Wozniak form the Apple Computer Company in Jobs's parents' garage.

### BIRTHDAY: 1873

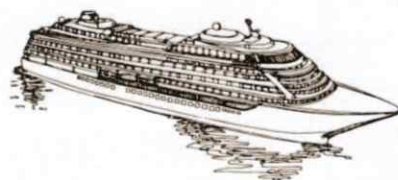
Sergei Rachmaninoff

*Russian pianist, conductor & composer  
(d. 1943)*

### BIRTHDAY: 1868

Edmond Rostand

*French poet & playwright; best known as the author of  
Cyrano de Bergerac  
(d. 1918)*



## Dining

### Early Risers

The Living Room	Deck 1	6:00–9:00 AM
Mamsen's (Explorers' Lounge)	Deck 7	6:30–7:30 AM

### Breakfast

The Restaurant	Deck 2	8:00–9:30 AM
World Café	Deck 7	7:00–10:30 AM

### Late Risers

Mamsen's (Explorers' Lounge)	Deck 7	7:30–11:00 AM
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### Lunch

The Restaurant	Deck 2	12:00–1:30 PM
Pool Grill	Deck 7	11:30 AM–2:30 PM
World Café (Fresh Fish Station)	Deck 7	12:00–2:30 PM
Mamsen's (Explorers' Lounge)	Deck 7	11:30 AM–2:30 PM

### Teatime

Wintergarden	Deck 7	4:00–5:00 PM
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### Dinner

Manfredi's*	Deck 1	6:00–9:00 PM
The Chef's Table*	Deck 1	6:00–9:00 PM
The Restaurant*	Deck 2	6:00–9:00 PM
World Café	Deck 7	6:00–9:00 PM

Reservations can be made during opening hours for breakfast or lunch in the World Café or by calling Ext 2052.

\*Dress code: elegant casual.

Coffee and tea are available 24 hours from the World Café.

### Snacks

Pool Grill	Deck 7	2:30–5:00 PM
Mamsen's (Explorers' Lounge)	Deck 7	4:00–5:00 PM
Mamsen's (Explorers' Lounge)	Deck 7	10:00 PM–Midnight

### Lounges & Bars

The Viking Bar	Deck 1	6:00 AM–Midnight
Torshavn	Deck 2	9:00 PM–Closing
Aquavit Bar	Deck 7	10:00 AM–10:00 PM
Explorers' Lounge	Deck 7	10:00 AM–Midnight
Pool Bar	Deck 7	10:00 AM–7:00 PM

## Directory

Boutique & Shops (1/2)	Ext 9321	10:00 AM–10:00 PM
Travel Consultant (2)	Ext 9710	By Appointment
Guest Services (1)	Ext 9710	24 Hrs
Fitness Center (1)	Ext 9300	6:00 AM–10:00 PM
The Nordic Spa (1)	Ext 9300	8:00 AM–8:00 PM
Medical Center (a)	Ext 9206	10:00–11:00 AM 3:00–4:00 PM
Room Service	Ext 6502	24 Hrs
<b>MEDICAL EMERGENCIES</b>	<b>Ext 999</b>	<b>24 Hrs</b>

To make an appointment with our Travel Consultant, please call 9710 or visit Guest Services on Deck 1.

## Have you considered OUR SILVER SPIRITS BEVERAGE PACKAGE?

This covers all house pouring wines, beers and liquors including cocktails, well drinks and soft drinks throughout the day.

To purchase, visit Guest Services.



## Indulge yourself with a SWEDISH MASSAGE

Breathe deep, relax and discover your inner bliss. The Spa offers just the right massage to soothe your body and spirit.

See Spa Reception for details.



## TISSOT WATCHES

Since 1853, this Swiss watchmaker embodies the perfect balance of heritage and innovation. Discover the timepieces that have made this brand endure for over 170 years.

To learn more, visit Juveler on Deck 2.

