



Juneau, Alaska



July 2, 2024
Tonight's Dress: Casual

Alaska's Capital

Juneau became the territorial capital of Alaska in 1906 and has been the state capital since January 3, 1959 when Alaska became the 49th state in the US. What makes Juneau even more unique is that there are no roads connecting it to the rest of Alaska or North America. The only way to get here is by air or by sea.

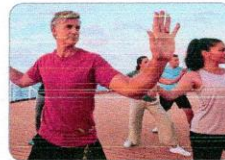
Going Ashore

When going ashore, please remember to carry your stateroom keycard and a government issued photo ID.

Today's Highlights

Tai Chi for Everyone

8:00am - 8:30am *Rolling Stone Lounge, 2*
Gentle exercise to get moving.



Modern Brush Lettering

9:00am - 9:30am *Art Studio, 10*
Calligraphy techniques for beginners.



Complimentary Massage Sampler

3:00pm - 4:00pm *Greenhouse Spa, 9*
Release deep muscular tension and enjoy ultimate relaxation.



Lightning Trivia

7:00pm - 7:30pm *Billboard Onboard, 2*
30 questions - 30 seconds



TODAY'S ACTIVITIES & PROMOTIONS

6:30am		Westerdam Arrives at Juneau	
6:30am	Juneau Photo Opportunity until 10:30am	PROMOTION	Pier Ashore
7:00am	Abs Class The 25-minute power-blast ab workout to sculpt the stomach to perfection.		Fitness Center, 9
7:30am	A Pickup Game of Pickleball		Sports Court, 11
7:30am	Pathway to Yoga \$20 Connect the mind, body and soul with our pathway to Yoga class.		Fitness Center, 9
8:00am	Tai Chi for Everyone Gentle exercise to get moving		Rolling Stone Lounge, 2
8:30am	Tour de Cycle \$20 Enjoy this cycling class and work out all your muscle groups.		Fitness Center, 9
9:00am	Modern Brush Lettering Calligraphy techniques for beginners		Art Studio, 10
9:00am	Shuffleboard Challenge		Sports Court, 11
10:00am	Creating Designs from Doodles Finding order in the abstract		Art Studio, 10
10:00am	Party Bridge Play until 12:00pm		Stuyvesant Room, 3
10:00am	Refresh & Renew Your Eyes	PROMOTION	Greenhouse Spa, 9
10:00am	Silent Art Auction	PROMOTION	Art Gallery, 2
1:00pm	Meet for a Game of Mahjong until 4:00pm		Half Moon Room, 3
1:00pm	Party Bridge Play until 4:00pm		Stuyvesant Room, 3
2:00pm	Knitters Meetup		Art Studio, 10
3:00pm	Today's Movie: See How They Run Comedy, 1 hour 38 minutes, Rated PG-13		World Stage, 1 & 2
3:00pm	Coloring for Adults Featuring images created exclusively for Holland America.		Art Studio, 10
3:00pm	Complimentary Massage Sampler	PROMOTION	Greenhouse Spa, 9
4:00pm	Today's Trivia: General Knowledge		Billboard Onboard, 2
4:00pm	A Pickup Game of Pickleball		Sports Court, 11
4:00pm	Happy Hour	PROMOTION	Ocean Bar, 3

4:30pm	🎤	Friends of Bill W. Meet	Stuyvesant Room, 3
5:00pm	🎮	Let's Play Cornhole	Shuffleboard Court, 10
5:00pm	🎤	Mass is Celebrated	Hudson Room, 3
5:00pm		Complimentary Footprint Analysis PROMOTION	Fitness Center, 9
5:30pm		Salmon Bake Themed Dinner	Lido Market, 9
7:00pm	🎤	Lightning Trivia 30 questions - 30 seconds	Billboard Onboard, 2
7:00pm		Martini Hour at the Pinnacle Bar PROMOTION	Pinnacle Bar, 2
7:30pm	🎤	The Comedy of Mike Delamont	World Stage, 1, 2 & 3
8:30pm	🎮	Game Night: Taboo	Billboard Onboard, 2
9:00pm	🎤	The Comedy of Mike Delamont	World Stage, 1, 2 & 3
10:30pm		All Aboard as Westerdam Departs Juneau	

LIVE MUSIC

Rolling Stone LOUNGE

Rock the Yacht 8:30pm	Back to the 80s 9:30pm	Le Funk 10:30pm
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billboard onboard

Returns Tomorrow

OCEAN BAR

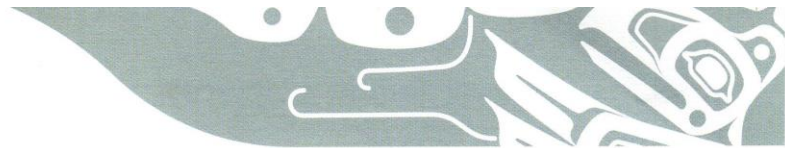
Third Avenue West Plays

4:30pm	5:30pm	6:30pm	8:15pm
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Explorer's Lounge

Classical Trio

4:00pm	6:00pm	7:00pm
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TODAY ON **WORLD STAGE**

Decks 1, 2 & 3, forward



3:00pm
TODAY'S MOVIE
See How They Run

Comedy/Crime, 1 hour 38 minutes, Rated PG-13
In the West End of 1950s London, plans for a movie version of a smash-hit play come to an abrupt halt after a pivotal member of the crew is murdered.



7:30pm & 9:00pm
On World Stage:
THE COMEDY OF
Mike Delamont

One of Canada's most popular comedians, Mike has been nominated for 3 Canadian Comedy Awards and has sold out major theaters across North America. He has appeared on Just For Laughs, SiriusXM's Top Comic and at the world famous Comedy Store in Los Angeles.

DINING HIGHLIGHTS

Dive In

11:30am - 6:00pm *Lido Poolside, 9*

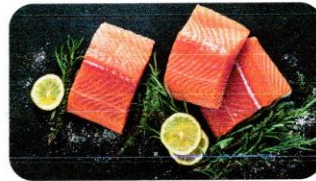
Dive-In is the perfect spot to dine poolside on the best burgers at sea.



Salmon Bake Themed Dinner

5:30pm - 8:00pm *Lido Market, 9*

Tonight in the Lido Market.



TONIGHT IN THE DINING ROOM

Honey Sriracha Alaska Salmon Bowl

jasmine rice, avocado, cucumber, edamame

HOURS

Restaurants

Dining Room

Cruising Classics
7:30am - 9:00am
5:00pm - 9:00pm
Decks 2 & 3, aft

Canaletto ^{\$}

Fresh Italian Pasta
5:00pm - 9:30pm
Deck 9, mid-ship

Pinnacle Grill ^{\$}

Steak & Seafood
5:00pm - 9:30pm
Deck 2, mid-ship

Dive-In

Burgers & Hot Dogs
11:30am - 6:00pm
Decks 9, mid-ship

Lido Market

Casual Dining
6:00am - 10:00am
11:30am - 2:00pm
2:00pm - 4:00pm*
5:30pm - 8:00pm
10:30pm - 11:30pm*
Deck 9, mid-ship & aft

^{\$} cover charges apply * select stations available

The artwork featured on our program and Dining Room menus was



DRINKS

Coffee, Treats & More

Crow's Nest Café

6:00am - 10:00pm

Deck 10, forward

Drip coffee and tea are always available in the Lido Market.

Wine & Cocktails

Gallery Bar

4:30pm - 1:00am

Deck 2, mid-ship

Lido Bar

7:00am - 10:00pm

Deck 9, mid-ship

Ocean Bar

11:00am - 12:00am

Deck 3, mid-ship

Check Navigator for a full list of bar hours.

Guests age 21 and over are welcome to purchase and consume alcoholic beverages. Proper identification is required, and guests will be asked to verify their age.

HOURS

Services

Future Cruises

8:00am - 11:00am

Deck 1, mid-ship

Guest Services

24 hours (Dial 90)

Deck 1, mid-ship

Medical Center

8:00am - 10:00am

4:00pm - 6:00pm

A Deck, forward

Shore Excursions

7:00am - 8:00am

5:00pm - 7:00pm

Deck 10, forward

Room Service

24 hours (Dial 92)

Dining Reservations

24 hours (Dial 88)

Shopping

Art Gallery

Closed

Deck 2, mid-ship

Photo Shop

7:00pm - 10:00pm

Deck 3, aft

The Shops

Closed

Deck 3, mid-ship

Recreation

Fitness Center

6:00am - 9:00pm

Deck 9, forward

Hot Tubs

9:00am - 10:00pm

Deck 9, mid-ship & aft

Pools

7:00am - 9:00pm

Deck 9, mid-ship & aft

Sport Court

24 hours

Spa & Salon

8:00am - 10:00pm

Casino

Closed