May 1, 2024 Banjul, The Gambia

THE DAILY

Tonight's Dress: Casual

May Day

Going Ashore in Banjul

When going ashore, please remember to carry your stateroom keycard and a government issued photo ID.

Port Shuttle Service

Today, a complimentary shuttle services will be provided to Albert Market. Shuttles run every 15 minutes beginning at 8:00a. The last shuttle will depart Albert Market at 4:00p. Limited taxis are also available at the port gate.

Please note that a deviation from the shuttle bus destination or its schedule may occur without notice depending on maximized seating capacity, local traffic, or restructured route information. Zuiderdam is not liable for any unforeseen delays or changes.

Today's Highlights

Banjul Photo Opportunity

8:00a - 11:00a Gangway

Tai Chi for Everyone

Gentle exercise to get moving 8:00a *Lido Poolside,* 9

Sail Away Social

Join us for drink specials as we depart Banjul. 4:30p Sea View Poolside, 9

Ballroom Dance Hour Dance toa variety of ballroom styles 6:30p *Rolling Stone Lounge, 2*













Today's Activities & Promotions

6:00a	Bow is Open for Scenic Cruising Follow the signs on Deck 4 forward to access the bow.	Bow, 4
7:00a	Zuiderdam Arrives at Banjul	
7:00a	Banjul Photo Opportunity until 4:00p	Gangway
7:00a 🚺	Sunrise Stretch	Lido Poolside, 9
7:30a	Lass Abs Class	Lido Poolside, 9
8:00a	Lai Chi for Everyone	Lido Poolside, 9
8:30a	Total Body Conditioning	Fitness Center, 9
9:00a	Coloring for Adults	Art Studio, 10
9:00a 🚺	& Guided Meditation \$20	Greenhouse Spa, 9
9:30a	Lour de Cycle \$20	Fitness Center, 9
10:00a	Party Bridge Play until 12:00p	Hudson Room, 3
1:00p	Meet for a Game of Mahjong until 4:00p	Stuyvesant Room, 3
1:00p	Party Bridge Play until 4:00p	Hudson Room, 3
My Life . P	2:00p - World Stage, 2 (Comedy, PG-13, 1 h Today's Movie: My Life in Ruins A tour guide in Greece finds a fresh perspecti someone unexpected during what she thinks Popcorn available 30 minutes prior to show	ive on life from will be her final tour.
4:00p	Lam Trivia Challenge	Billboard Onboard, 2
4:00p	Dam Dots Challenge	Art Studio, 10
4:00p	A Pickup Game of Pickleball	Sport Court, 11
4:30p	All Aboard as Zuiderdam Departs Banjul	
4:30p	Sail Away Social	Sea View Poolside, 9
4:30p Sa	il Away: \$10.75 Western Sparkling Mojito PROMOTIC	Sea View Bar, 9
4:30p	Afternoon Stretch	Fitness Center, 9
4:30p	Friends of Bill W. Meet	Stuyvesant Room, 3
5:00p	PRIDE Meetup For LGBTQ+ and friends	Crow's Nest, 10
5:00p	Let's Play Cornhole	Shuffleboard Court, 10
5:00p	& Mass is Celebrated	Hudson Room, 3
5:00p Mc	artini Hour at the Pinnacle Bar \$7 PROMOTION	Pinnacle Bar, 2

5:30p	SURF's Up Slot Tournament	Casino, 2
5:30p	& SuperSeries™	Casino, 2
6:00p	Singles & Solo Travelers Meetup	Billboard Onboard, 2
6:00p	Footprint and Posture Analysis	Fitness Center, 9
6:00p	Save up to 50% on Designer Handbags PROMOTION	The Shops, 3
6:30p	Today's Trivia: Surprise	Billboard Onboard, 2
6:30p	Ballroom Dance Hour	Rolling Stone Lounge, 2
7:00p	2 for \$40 HAL T-Shirts PROMOTION	Captain's Collection, 2
8:30p	Stargazing with Astronomer Ted Blank	Retreat, 10
8:30p	Discover your passion at Effy Jewelry PROMOTION	Effy Boutique, 3
9:30p	Over \$510,000 Paradise Lotto Jackpot Drawing	Casino, 2
11:30p	Stay and Play Slots All Night	Casino, 2

Tonight's Entertainment



7:30p & 9:30p MARK SAMPSON

Mark Sampson Feels Funny 25 years in Cornwall and 25 years in Cape Town - "The Cornish Capetonian." A side-splittingly funny show for the whole family, including a fun packed look at life as a game of Shoots and Ladders. Life can be a roller coaster, full of comical ups and downs.

RollingStone LOUNGE			billboard		
Classic R&B 8:15p	Rock the 80's 9:15p	Unplugged	Piano Celebration 8:00p	Never #1 9:00p	All Requests
OCEAN		EXPLORER'S LOUNGE			
Third Avenue West Plays Instrumental Music 5:30p, 6:30p & 8:30p		String Trio Returns Tomorrow			

Dining

DINING ROOM

CRUISING CLASSICS Deck 2, αft 7:30a - 9:00a 5:00p - 9:00p

DIVE-IN

BURGERS, HOTDOGS & FRIES Deck 9, mid 11:30a - 6:00p

CANALETTO O

FRESH ITALIAN PASTA Deck 9, mid 5:00p - 9:00p

PINNACLE GRILL

STEAK AND SEAFOOD Deck 2, mid 5:00p - 9:00p

LIDO MARKET

CASUAL DINING Deck 9, mid 6:00a - 10:00a 11:00a - 2:00p 2:00p - 4:00p* 5:30p - 8:00p 10:00p - 11:00p* *select stations available

Over charges apply

Drinks

Cocktails Billboard Onboard, 2 3:00p - 12:00a Ocean Bar, 3 10:00a - 11:30p Lido Bar, 9 6:30a - 10:00p Sea View Bar, 9 8:00a - 11:30p **Coffees, etc.** Crow's Nest Café, 10 6:00a - 10:00p Pinnacle Bar, 2 7:00a - 10:00p Whiskeys and such Gallery Bar, 2 5:00p - 10:00p

3:30p - 4:30p, 6:00p - 7:00p Happy Hour: 50% Discount on all Cocktails, Wine by the Glass, Beers and House Spirits Billboard Onboard, 2 & Ocean Bar, 3

Guests age 21 and over are welcome to purchase and consume alcoholic beverages. Proper identification is required, and guests will be asked to verify their age.

Services

Guest Services, 1 24 hours (Dial 90)

Room Service 24 hours (Dial 92)

Dinner Reservations 24 hours (Dial 88)

Pools, 9 7:00a - 9:00p

Hot Tubs, 9 8:00a - 10:00p Medical Center, A Deck 8:00a - 10:00a 4:00p - 6:00p Dial 99 for appointments. Dial 911 for emergencies.

Future Cruises, 1 4:00p - 6:00p

Casino, 2 5:30p - late

Portrait Studio, 2 4:00p - 10:00p **Photo Gallery, 3** 4:00p - 10:00p

Captain's Collection, 2 5:30p - 10:00p

The Shops, 3 5:30p - 10:00p

Spa & Salon, 9 8:00a - 9:30p (Dial 94)

Fitness Center, 9 6:00a - 9:00p

Shore Excursions, 10 4:00p - 6:00p